

RIB LAKE ELEMENTARY SCHOOL

MAY 2019

NEWSLETTER

Mr. Dallmann, Principal

UPCOMING EVENTS:

May 9School Board meeting 6:30 p.m.
May 10Last Day for Volunteers - Thank you!
May 102nd gr. Field trip
May 11 ..5th gr. Brat fry at Cenex from 10 a.m. - 2 p.m.
May 13 ..Summer School registration ends @ 3:30 p.m.
May 14Spring Fling Sing Thing 7 p.m. HS gym
May 164th gr. Field trip
May 173rd gr. Field trip
May 175th gr. Field trip
May 172nd gr. Poetry Café
May 221st gr. Field trip
May 24Kindergarten field trip
May 27**NO SCHOOL**
May 28Preschool field trip
May 285th gr. Band rental meeting 6 p.m.
May 30K graduation & school awards 1:30 p.m.
May 31Last day of school

Dollars for Scholars

The 5th Grade will be sponsoring a brat fry fundraiser to help raise money for Dollars for Scholars! High School students will also pump gas for a donation to our scholarship fund.

Saturday, May 11th

10 a.m. to 2 p.m.

Cenex Gas Station

Dollars for Scholars provides scholarships to our Rib Lake graduates that are going on to college or tech school! The 5th graders review the applications using a rubric, score the applications, and also present the scholarship awards to the winners at Senior Awards night which is May 22nd. ***Stop on by and help us raise money for our Rib Lake Seniors!***

Schoolstore.com

Looking for a way to support Rib Lake Elementary? Do you shop online? Here is an easy way for you to do both of those. Go to **schoolstore.com** and select **Rib Lake Elementary**. Click on the **'Merchants'** link and from there you are able to do your online shopping. The sites are the same as if you were to go directly to that site. Each store offers different percentages of your purchase that will come back to our school. You can shop at **Walmart, Kohl's, Under Armour, Office Depot, Old Navy, JCPenney, Chaco's, and Target** just to name a few of the over 350 merchants!

DRESS CODE REMINDER

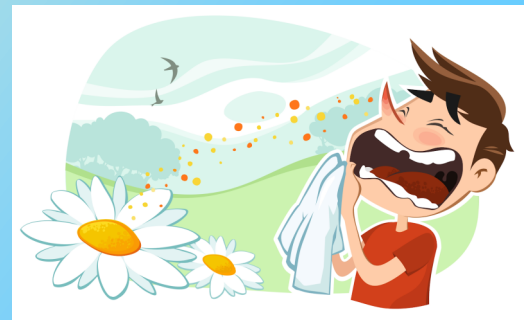
Parents and students are reminded that district policy requires students to follow the dress code even when the weather turns warm. This means shirts must cover stomachs and the majority of the shoulder and not expose one's back. Halter tops are not permitted.



Mintra came to speak to 3rd and 4th grade about her home country of Thailand.

District School Nurse Update:

Allergies



What's the Problem?

Allergies are the 6th leading cause of chronic illness in the U.S. with an annual cost in excess of \$18 billion. More than 50 million Americans suffer from allergies each year. Allergies are an overreaction of the immune system to substances that generally do not affect other individuals. These substances, or allergens, can cause sneezing, coughing, and itching. Allergic reactions range from merely bothersome to life-threatening. Some allergies are seasonal, like hay fever. Allergies have also been associated with chronic conditions like sinusitis and asthma.

Who's at Risk?

Anyone may have or develop an allergy – from a baby born with an allergy to cow's milk, to a child who gets poison ivy, to a senior citizen who develops hives after taking a new medication.

Can It Be Prevented?

Allergies can generally not be prevented but allergic reactions can be. Once a person knows they are allergic to a certain substance, they can avoid contact with the allergen. Strategies for doing this include being in an air-conditioned environment during peak hay-fever season, avoiding certain foods, and eliminating dust mites and animal dander from the home. They can also control the allergy by reducing or eliminating the symptoms. Strategies include taking medication to counteract reactions or minimize symptoms and being immunized with allergy injection therapy.

The Bottom Line

- The most common allergic diseases include: hay fever, asthma, conjunctivitis, hives, eczema, dermatitis and sinusitis.
- Food allergies are most prevalent in young children and are frequently outgrown.
- Latex allergies are a reaction to the proteins in latex rubber, a substance used in gloves, condoms and other products.
- Bees, hornets, wasps, yellow jackets, and fire ants can cause insect sting allergies.
- Allergies to drugs, like penicillin, can affect any tissue or organ in the body.

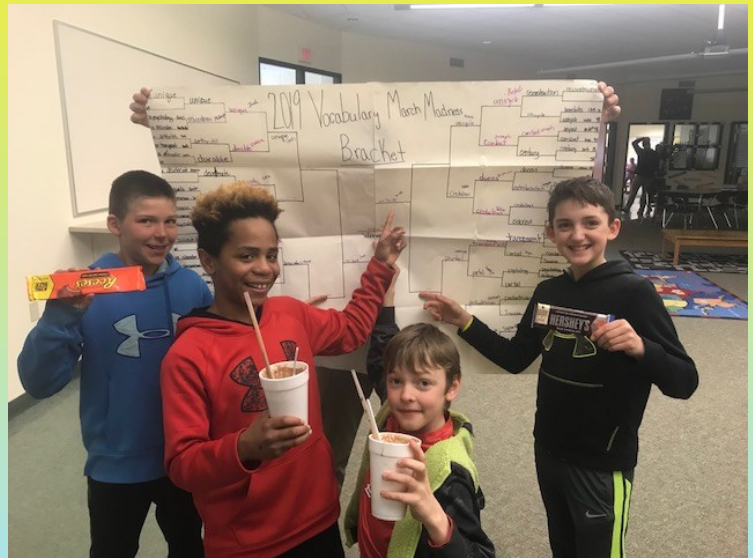
Anaphylaxis is the most severe allergic reaction. Symptoms include flush; tingling of the palms of the hands, soles of the feet or lips; light-headedness, and chest-tightness. If not treated, these can progress into seizures, cardiac arrhythmia, shock, and respiratory distress. Anaphylaxis can result in death. Food, latex, insect sting, and drug allergies can all result in anaphylaxis.

For more information, see these Related Links:

- [American Academy of Allergy, Asthma, and ImmunologyExternal](#)
- [Asthma and Allergy Foundation of AmericaExternal](#)
- If you have questions about Food Allergies, please contact the District Nurse at jlemaster@riblake.k12.wi.us or calling 715-427-3222 x.3250. *[Information for the article is from the Centers for Disease Control and Prevention*

You are invited:
 Spring Fling
 Sing Thing
 May 14th - 7:00 p.m.
 RLHS gym

Students in grades 3 - 5 will be performing in the Spring Choral concert along with the Middle School and High School choirs.



This picture is of the final four in the 5th grade March Madness Vocabulary Bracket. Josh Hartke was the winner followed by Kaleb Scott, Seth Borchardt, and Brayden Carlsen.

Parent Pick Up

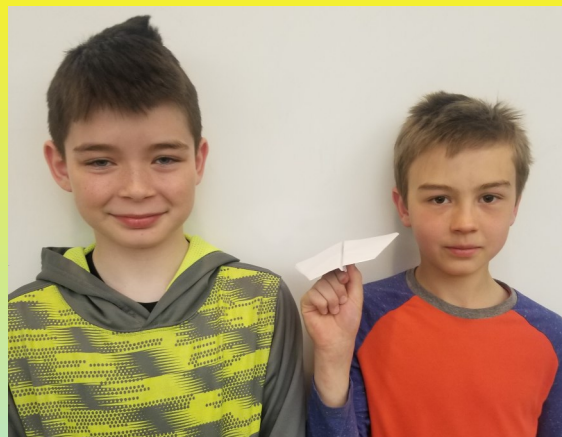
With the change in minutes to the school day, parent pick up time is at 3:10 p.m. Please be sure to be here at that time to pick up your child. ***If you are unable to make it by 3:10 p.m., please consider having your child/children ride the bus home.***



Chris Cold from the WI DNR came to do a presentation to the second grade about owls.



The 5th grade positive message Easter egg hunt was a huge hit!



After the 4th graders rocked out the tests, they had a paper airplane contest. In the paper airplane contest, we had a lot of fun!

By: Madelyn Dallmann

The winners of the 4th grade Paper Airplane Contest was Team S.H.R.T.